



# Mosharrafa

SKIN REJUVENATION CENTER

## SKIN CARE SERVICES AND PRODUCTS

### CARING FOR YOUR SKIN



**MICHELLE JOHNSON**

Licensed Clinical Aesthetician

Restylane™, Juvederm™, Artefill™ and Sculptra™ Specialist

Certified Permanent Makeup Artist



Society of Plastic Surgical Skin Care Specialists

Michelle began her career over ten years ago with Ali Mosharrafa M. D. Michelle focuses on each patient's individualized needs and wants. She has created an atmosphere where each patient feels confident and comfortable to ask questions and discuss concerns. She is a caring and outgoing person who enjoys interacting with people.

Providing a combination of aesthetic services, Michelle is our cosmetic filler specialist, certified permanent makeup artist and a qualified laser technician able to offer IPL photofacials and laser hair removal. She is dedicated to continual education and advanced skin rejuvenation services.

"My primary focus as a clinical aesthetician is to provide the latest information in skincare to my patients followed by excellent service in a friendly environment."

### WHAT MAKES OUR FACES AGE?

It's not just gravity; muscle movement, decreased collagen production and the loss of skin elasticity and fat. The shrinking of facial bone also plays a role, according to a recent study by members of the American Society of Plastic Surgeons. These factors all combine to make us look older.

#### How your face ages:

**In your 20's**, your face is still firm and virtually wrinkle free. Yet this is the time when collagen and elastin production, as well as cellular turnover slow down, shedding dead skin cells less quickly. This is when early signs of "motor wrinkles" (lines and creases related to movement) begin to appear.

**In your 30's**, you'll retain much of your youthful look but may notice your skin looks "tired" and less radiant. You will begin to notice crow's feet and the start of the "dreaded 11s" (that pair of lines that pop up between the brows). Previous sun damage may exacerbate the start of small brown spots.

**As you enter your 40's**, your skin will begin to lose its tone and strength. Lines will appear around the upper lip (faster and deeper in smokers). Wrinkles in your forehead and crows feet around your eyes, plus a deepening of smile lines are all common.

If you have not been consistent in wearing a daily sunscreen, minimizing your sun exposure and using corrective skin care products, your 50's and 60's will show the cumulative effects of sun damage and age, including deepening lines and wrinkles, and a massive breakdown of collagen and elastin fibers which are the support structures that hold up skin. This usually results in a drooping face and skin gets loose.

You can't stop your face from aging entirely, but it's never too late—or too soon—to start taking care of your face and preventing premature aging.

[drmosharrafa.com](http://drmosharrafa.com)

### ALI M. MOSHARRAFA, M.D.



An Honors Graduate of both the University of Texas and Baylor College of Medicine, Ali M. Mosharrafa, M.D. has practiced in Phoenix, Arizona since 1996.

Ali M. Mosharrafa, M.D. is a Board Certified Plastic Surgeon, and a Diplomat for the American Society of Plastic Surgery

### SKIN REJUVENATION?



At the Mosharrafa Skin Rejuvenation Center, understanding the way your skin ages is the first step towards revealing a more radiant, youthful skin texture and tone that can help you look years younger and make you feel your very best. Although aging is a natural process in life, we can reverse some of the age-related signs you are experiencing with your skin. Our advanced skin care products and clinical treatments are designed to correct previous damage, protect healthy skin and prevent future damage.



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## SKIN CARE TREATMENTS

### Photo Facial IPL by Prolite II™

IPL Photo Facial is a safe, gentle and non-invasive approach to smoother, more radiant skin. IPL treats sun damage, pregnancy mask, rosacea, enlarged pores, and broken capillaries. IPL can treat your face, neck, chest and hands. A series of IPL treatments can rejuvenate your complexion without downtime or a prolonged recovery process. Single treatment \$375; package of four \$1,200

### Permanent Makeup

Wake up with makeup! This is the solution to looking your best, all the time, with minimal time and effort. Includes one touch-up within the first year.  
Eyeliner: \$400 | Eyebrows: \$400 | Lip Liner: \$475 | Full Lips: \$700

### Laser Hair Removal with Syneron™

With new elōs™ technology, Syneron systems are setting new standards of safety and efficacy with lighter hair colors and all skin tones. Fast, effective and safe! Call for special package pricing.

### Botox™

Botox™ Cosmetic can diminish the appearance of problem areas such as crow's feet, frown lines, and forehead wrinkles. It has been proven to be a safe injectable treatment and was approved by the FDA in 2002 for use in cosmetic treatments.

### Dysport™

Dysport™ is the newest breakthrough in anti-aging injectables. Dysport utilizes the same refined botulinum toxin that Botox has made famous in recent years. Like Botox, Dysport's neuromuscular blocking toxin relaxes tense facial muscles, and softens forehead wrinkles, crow's feet and frown lines for a younger looking, more revitalized facial appearance!

Botox and Dysport treatments are administered by Ali M Mosharrafa, MD.

## COSMETIC FILLERS

### Restylane-L™ *A natural beauty lift.* **NEW!**

An FDA-approved, safe and natural cosmetic filler restores volume and fullness to the skin, corrects facial wrinkles and folds, and can reshape the lips. A naturally occurring acid already in the human body interacts safely with your body's own hyaluronic acid to increase volume. Immediate results can last up to 6 months. **Now contains lidocaine to numb the tissues, giving greater comfort and even better results.** \$500 per syringe

### Perlane-L™ **NEW!**

Part of the Restylane™ family of products, Perlane features a larger average size particle, making it more dense and extremely effective for deeper lines that need more lift. Results can last up to 9 months. **Now contains lidocaine to numb the tissues, giving greater comfort and even better results.** \$550 per syringe

### Juvederm Ultra™ and Ultra Plus™

Juvederm is a smooth consistency gel made of hyaluronic acid—a naturally occurring substance in your skin—that helps restore lost volume and hydration. Juvederm comes in two different strengths, Ultra and Ultra Plus. Ultra Plus is ideal for deeper wrinkles and folds. Results can last up to 6 months (up to 9 months with Ultra Plus). \$500 per syringe (\$550 for Ultra Plus)

## SKIN CARE PRODUCTS

### Clarisonic™ *Pro Skin Care System & Spot Therapy Kit*

Clarisonic's soft gentle brush oscillates back and forth 300 times per second. It cleanses so well that products absorb better, pores appear smaller, fine lines and wrinkles appear reduced, and your skin tone and texture improves. Completely waterproof and removes makeup six times better than using a wash cloth. *Kit includes spot therapy body brush.* Just one minute a day, for the best skin of your life!

### OPAL™ by Clarisonic *Sonic Infusion*

Combining breakthrough sonic application technology with a specially formulated Anti-Aging Sea Serum, Opal erases the years and hydrates the delicate area around your eyes. Opal starts working immediately with results that last for hours and build over time. Scientifically shown to reduce the appearance of fine lines and wrinkles, as well as puffiness.

### Latisse™ - *Grow luxurious lashes naturally!*

The first and only FDA approved prescription treatment used to grow eyelashes, making them longer, thicker and darker.

### revaléskin™

Organiceuticals™ anti-aging skin care products exclusively formulated with the powerful, natural super-anti oxidant ingredient CoffeeBerry™ extract.

### SkinMedica™

Opt for a fresh start with SkinMedica; your first step to younger, healthier, more beautiful skin. The clinically-tested age defense formulas provide delivery of vital components to the skin to improve hydration, damage caused by the sun and aging.

### Jane Iredale Mineral Makeup™

Finally, a makeup that's good for your skin! Micronized mineral base that is four products in one: foundation, powder, concealer and sunscreen. Jane Iredale™ cosmetics use pure pigment with no fillers such as talc, therefore one quick application provides unsurpassed coverage that needs minimal touch-ups. This mineral makeup is natural looking, lightweight and water resistant.

## FACIALS AND PEELS

### SkinMedica™ Peel System *Reveal Healthier Skin*

Skin Medica™ offers a comprehensive peel system that consists of three different acid strengths, designed to produce various degrees of exfoliation based on your individual needs:

- **Illuminize Peel** is our gentlest peel. It will provide the brightening, tightening and glow you desire to reveal the look of more youthful skin. No downtime. \$100
- **Vitalize Peel** is our most popular peel. It is suitable for all skin types and produces predictable and noticeable results. \$120
- **Rejuvenize Peel** is our newest and deepest Skin Medica™ peel. It penetrates into the epidermis to produce significant results with minimal irritation. Provides noticeable improvement in skin texture, tone, and fine lines and wrinkles. \$140

### Microdermabrasion by Parisian Peel™

Medical Microdermabrasion is a non-surgical method of skin rejuvenation that immediately restores smoother, younger looking skin. Microdermabrasion is a non-invasive treatment that uses a directed stream of micro-crystals to exfoliate the skin without the use of chemicals or lasers. It is a versatile procedure that can be combined with other treatments to help reduce fine lines and wrinkles, acne prone skin, sun damage, acne scars or other skin imperfections \$140

### Obagi Blue Peel™

The Obagi Blue Peel represents a breakthrough in skin rejuvenation. Using slow acting TCA, the Blue Peel enables our aesthetician to control the peel process and it's depth. The Blue Peel can restore tighter, smoother and younger-looking skin regardless of age, color or skin type, not only to the face but also to the neck, chest and hands, restoring healthier and more beautiful skin. \$375

### Mauï Facial

Relax and let the aromatherapy of the islands soothe and exfoliate your skin. A perfect blend of vitamins, antioxidants and skin brightening agents will benefit the skin and protect it from the aging effects of environmental elements. Leaves the skin smooth, radiant, and soft to the touch. \$95

### Sculptra™ Aesthetic

The first facial injectable that gives you results over time. Sculptra, FDA approved, is not a wrinkle filler, it's a volumizer. It replaces the natural volume (fat) loss that occurs as we age. The volume loss that is responsible for the appearance of age. The bio-compatible material contains skin smoothing microparticles to lift and smooth sagging, crepey skin, wrinkles and natural age-related bone loss. Sculptra gives you a more natural looking appearance, without giving you away. Treatments are administered in a series to best treat individual cases. Clinically tested to last up to two years. \$800 per vial

### Radiesse™

A safe, effective, non-surgical method most often used to fill deeper folds in your skin. The tiny microspheres, made of calcium hydroxylapatite, provide a scaffolding into which your body's own collagen can grow and maintain the material in place. Results typically last 1-2 years. Radiesse should provide a long lasting correction, however individual results may vary, affected by age, skin type and activities. \$1,500 per year.

### Artefill™ *The lasting solution for wrinkle correction.*

Not just a temporary filler! Collagen is absorbed by your body while the Artefill™ microspheres remain in place to provide the support your own skin needs for long-lasting wrinkle correction. The microspheres stimulate the body to generate its own natural collagen to permanently fill in the wrinkle. Additional treatments may be needed, usually four to six weeks apart. \$950 per syringe.

## TRANSFORM YOUR SKIN WITH OBAGI™ MEDICAL

Obagi™ is one of the most recognized names globally in skin health care, and the leader in physician only product lines that transforms your skin.

The Obagi™ Nu Derm System is prescription-strength, topical skin health products that penetrate to the cellular level to transform and correct damage from years of sun exposure, stress and pollution. Clinically proven to address the signs of photodamage and aging by restoring healthy function, resulting in skin that looks and acts younger and healthier.

## BENEFITS OF THE OBAGI™ NU-DERM SYSTEM

- **Pushes fresher cells** to the surface faster for smoother skin, reduced wrinkles and increased tolerance.
- **Corrects current hyperpigmentation** (freckles and age spots) and prevents the appearance of new hyperpigmentation.
- **Promotes more uniform cells** at the deepest layer for better skin structure and balanced, even skin tone.
- **Increases collagen and elastin** for firmer, more resilient skin.
- **Increases nutrient's** natural hydration and circulation for supple, healthy looking skin.

### Additional Obagi Lines Available

Obagi™ Medical offers a range of clinically proven skin care systems for the results you need:

The Condition and Enhance System  
Elastiderm Eye Cream  
Elastiderm Decollatage System  
Obagi Clenziderm MD (for the treatment of acne)  
Rosaclear System (for the treatment of rosacea)

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